



Mount Desert Island Hospital Community Health Outreach Project

3rd Annual CVH & Diabetes Program Stakeholders Meeting

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Overview

- In May 2012, MDI Hospital received a three year grant from the federal Health Resources and Services Administration (HRSA) to expand outreach and services to people with Type 2 diabetes or prediabetes.
- The grant brings together a consortium of 7 community organizations to promote better coordination of diabetes education and care for people living in the MDI Hospital service area.
- Volunteer Community Health Workers (CHW) are added to extend the efforts of the primary care team.



Key Goals

1. Improve the health status of our population
 - Diabetics - regular testing & improve A1C values
 - Prediabetics - educate to risks & activate to change lifestyle to reduce blood glucose levels
2. Demonstrate the value of CHWs
3. Create a sustainable consortium of community partner organizations to facilitate the integrated delivery of evidence-based diabetes services



Activities and Services

- Building consortium of organizations
- Started to recruit, train and deploy CHWs
- Adopted and implementing evidence-based interventions
- Implementing the Diabetes Prevention Program in community-based locations
- Delivering proactive, targeted care management via telephone and telemedicine



What is the Role of Diabetes Community Health Workers?

- CHWs are individuals who represent their ethnic, cultural, or geographic communities and provide a link between these communities and health care providers.
- CHWs are well positioned to engage the people in their community to prevent diabetes and its complications through education, lifestyle change, self-management and social support.



Key Elements for Community Engagement



In Their Own Words

Voices from the Island ...



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